## Ros-a-Ree 2020: Make Your Own Retreat



Due to social distancing and safety concerns, this year's Ros-a-Ree retreat/campout has been canceled. However, <u>YOU</u> can still have your own retreat experience and <u>Earn a Special Ros-a-Ree 'Conquering COVID-19' Inspired Patch</u>.

## This is the year to make your very own retreat. To do this:

- 1. Choose <u>10</u> items you would like to do from the Retreat Options page included below. You must do at least <u>1</u> item from each of the categories listed.
- 2. Do each of the activities you have selected.
- 3. Document the completion of each activity:
  - a. Follow the instructions in **red** on the retreat options page. Typically, you need to write a short reflection or create a video. Please keep videos to less than 5 minutes. *NOTE: Some items have additional instructions.*
  - b. Have a parent initial the activities/event on the Retreat Options page.
- 4. Turn in your documentation, both (a) and (b), and signed Registration form below to: jolietcatholicscouts@gmail.com before the Deadline of Labor Day, **September 7**th, **2020**.

**Benefits of making your own retreat:** Everyone who submits a completed form will receive the special one and only, Custom Designed, Ros-a-Ree 2020 'Conquering COVID-19' Patch. Note: This is the **ONLY WAY** to earn this highly coveted special-edition Patch. But Wait, There's More ... In addition to receiving the Patch, the following will apply at the 2021 Ros-a-Ree (Provided we have one!).

- 1. The person submitting the most documented and completed items will get to attend the 2021 Ros-a-Ree for free.
- 2. The person submitting the 2<sup>nd</sup> most documented and completed items will get to be first in line for all meals.
- 3. The first person to submit a correctly completed form will get to attend the 2021 Ros-a-Ree for half price.

Registration Form:		
Scouts Name:		Grade in Sept:
Parent Name(s):		
		Unit #:
Contact Email:		
Contact Home Phone:	Contact Cell Phone:	
Address for Mailing:		
my parish, the Catholic Committee on S arising from claims of any kind or nature video or photographs submitted in conju	couting, its staff, volunteers, and the D whatsoever from my child's participation unction with this event may be used for My signature below is my authorization	on in this event. I also understand that any future promotional efforts, including being and constitutes my permission for my child's
Parent(s) Signature:		Date:

## Retreat Options (The required documentation is noted in red for each category and/or specific event)

PRAYER	DEEPEN YOUR FAITH	
(Write or video a short reflection of how you felt)	(Write or video a short reflection of how you felt)	
Adore Christ for a Holy Hour.	Attend a Catholic seminar. (Include name and place)	
Go on a holy hike and talk to God as you view His beautiful creations.	Begin a new catholic tradition in your family. (Include a description of tradition)	
Pray the Seven Sorrows Of Mary.	Choose a 9-day novena to do. (Include which novena)	
Say a Divine Mercy Chaplet.	Go to confession.	
Say a Rosary.	Join a bible study.	
Spend a Holy Hour with Our Lord.	Memorize 3 bible verses. (Submit a video of yourself saying the verses with no prompts)	
Use the Lectio Divina method to meditate on the bible Make a prayer table. (Submit a photo)	<ul> <li>Open your bible and read at least 10 chapters.         (Include list of chapters read)         </li> <li>Read an inspirational catholic spiritual book. (Include which book)         </li> <li>Watch a movie about a saint. (Include which movie)</li> </ul>	
<ul><li>Walk/Say the Stations of the Cross.</li><li>Write a thank you letter to Jesus. (ONLY submit a copy)</li></ul>		
PILGRIMAGE  (Take a photo of voyerall at the obvine)	Write an inspirational poem. (ONLY submit a copy)	
(Take a photo of yourself at the shrine)  Visit a shrine.	Vinte an inspirational poem: ( <u>over sasmit a copy)</u> Venerate the cross in your own home or at church.	
<ul> <li>Marytown and the Shrine of St. Maximilian Kolbe, 1600 W. Park Ave Libertyville, IL</li> </ul>	SERVICE (Write a short description of what you did. Include organization name)	
National Shrine & Museum of St. Therese at 8433		
Bailey Road, Darien, IL	Bring water bottles, masks, and/or other useful items	
<ul> <li>The Shrine of Christ's Passion - St. John, IN</li> </ul>	to a nursing home or care center.	
<ul> <li>Take a Virtual Tour of a Religious Site or the Vatican Online (Also write a short reflection of what</li> </ul>	<ul><li>Choose your own service project.</li><li>Contribute your talents/finances to a catholic charity.</li></ul>	
you saw)	Help a neighbor.	
Find Your Own Pilgrimage to Visit in Illinois at <a href="http://catholicplaces.org/shrinelL.htm">http://catholicplaces.org/shrinelL.htm</a>	Sacrifice something and offer it up for the Holy Souls in purgatory and/or sinners.	
COVID-19 RELATED	Send catholic items to prisoners.	
(Write a short description of what you did)	Volunteer at a church event.	
Learn about past plagues and what prayers or blessings the Catholic Church instituted at that time.	EVANGELIZE - REACH OUT	
Research and write a prayer to a saint who nursed the sick during a pandemic. (ONLY submit a copy of prayer)	(Write a short description of what you did and a reflection on how you felt.)	
For 7 days in a row, say the Prayer to Mary, Health of the Sick that Pope Francis wrote.	Evangelize – Spread the good news about God to someone.	
<u> </u>	Invite a friend to a Catholic event.	
DO YOUR OWN THING	Share the message of Jesus' love online.  Develop a website that teaches others about our faith.  Invite a scout buddy to take a 'Wonder & Awe' hike	
(Write a short description of what you did and how you felt)		
Get creative – Choose your own idea or place.		
Design a "Hunt for Jesus."	with you.	
Offer forgiveness to someone who has hurt you.	Introduce the Ros-a-Ree to another at a campfire.	